

# *Lactobor* intim VAGINAL GEL

Embarrassing vaginal odour?  
Abnormal discharge?  
Discomfort? You're not alone.....

Different types of bacteria live naturally in the vagina; normally the bacteria present in the largest numbers are lactic acid bacteria. Lactic acid bacteria produce acidifying lactic acid which maintains the normal low pH of the vagina and protects against infection. If the numbers of lactic acid bacteria are reduced and pH levels rise, there is a growth of "bad" bacteria. This condition is known medically as Bacterial Vaginosis (BV). The main symptoms associated with BV are embarrassing odour, abnormal discharge and discomfort in the vagina. BV is a very common vaginal condition.

BV can be caused by many factors including prolonged menstruation, frequent douching, use of intimate hygiene products and intercourse. Courses of antibiotics and the use of an IntraUterine Device (IUD, commonly known as the coil) can also affect the balance in the vagina.

*Lactobor Intim Vaginal Gel treats and prevents recurrence of BV - in a natural way*

*Lactobor Intim Vaginal Gel* contains lactic acid, which effectively neutralises the embarrassing odour and restores the normal pH of the vagina. It also contains glycogen, which provides nutrients to lactic acid bacteria. With normal pH and nutrients, the protective lactic acid bacteria grow and

the natural vaginal balance is restored, effectively relieving abnormal discharge and discomfort and stopping the embarrassing odour returning.

*When do I use Lactobor Intim Vaginal Gel?*  
*Lactobor Intim Vaginal Gel* combats embarrassing odour, abnormal discharge and discomfort and restores pH to a normal level.

*Lactobor Intim Vaginal Gel* can also be used to maintain the natural pH of the vagina and prevent recurrence.

TREATMENT	
For the effective relief of embarrassing odour, abnormal discharge, discomfort and BV	Use 1 tube daily for 7 days
MAINTENANCE AND PREVENTION	
To maintain the natural pH balance and prevent recurrence of symptoms	Use 1 tube every third day during three months
To help maintain the pH level during a course of antibiotics	Use 1 tube daily at the end of the course for 4-5 days
If you notice a recurrence of symptoms around the time of your period	Use 1 tube daily at the end of your period for 1-2 days

*Lactobor Intim Vaginal Gel is easy to use*  
Twist off the cap and insert the whole of the neck of the tube into the vagina. Squeeze out the content. Remove the tube, still squeezing, and discard. It is best to use *Lactobor Intim Vaginal Gel* at bedtime. It may be helpful to wear a panty liner as it is common to notice slight leakage. This does not mean the treatment has not worked.

*Lactobor Intim Vaginal Gel is tried and clinically tested*  
Clinical trials have shown that *Lactobor Intim Vaginal Gel* formulation is safe and effective at restoring and maintaining the pH balance of the vagina.

*Lactobor Intim Vaginal Gel is safe to use*  
*Lactobor Intim Vaginal Gel* comes in hygienic single use tubes. It can be used during pregnancy and during menstruation however, you should see your doctor if think you may have a vaginal infection during pregnancy. *Lactobor Intim Vaginal Gel* vaginal gel may cause stinging pain during fungal infections (e.g. Thrush) or when there are cracks in the vaginal tissue. This is only temporary.

*When should you see your Doctor?*  
Contact your doctor if your symptoms worsen, if you experience pain, if the discomfort does not cease, if your discharge is blood-stained or if your discharge occurs during the menopause. You should see your doctor if you think you may have a vaginal infection during pregnancy.

If you experience no symptom relief after using *Lactobor Intim Vaginal Gel* as instructed you should contact your doctor for further advice.

*When not to use Lactobor Intim Vaginal Gel*  
Avoid using *Lactobor Intim Vaginal Gel* if you are trying to conceive, as the gel has a low pH which can make the environment less suitable for sperm. Do not use as a contraceptive.

This pack contains 7 single use 5 ml tubes. Do not use if the tube is damaged. Do not use if the tube is past its expiry date. Keep out of the reach of children.

*Lactobor Intim Vaginal Gel* is a trademark of BOROLA Ltd.

*Lactobor Intim Vaginal Gel* is a Medical Device CE Mark 0344

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